## St. Francis Counseling Service

Services are available to all without regard to race, age, sex, disability, income or religious affiliation. Information on client rights and advocacy at St. Francis Counseling Service is available upon request.

# Other Programs at St. Francis Community Center

Adult Basic Skills
Human Concerns
Food Pantry
Auto Ownership
Successful Parenting
Anger Management
Violence Prevention
Children's Services
Senior Services

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# St. Francis Counseling Service



St. Francis
Counseling Service
4700 Long Beach Blvd.
Long Beach Township, NJ
08008

(609) 494-1554 www.stfranciscenterlbi.org



## Sexual Abuse and Assault Program

Our goal is to restore survivors of sexual abuse and assault to emotional health through education and treatment.

St. Francis Counseling Service is the designated provider in the county specializing in treatment of sexual assault and child sexual abuse.

Short-term therapy for sexual abuse and assault is available to all residents of Ocean County at 8 sites by our Master's level clinicians certified in EMDR and Sand Play therapies. Services are grant funded, therefore there is no cost to the client.

**Community education** programs on sexual violence and consent are available upon request.

# Counseling

Affordable individual, family, couples and group therapy is available to all residents of southern Ocean County on a sliding-scale fee based on annual household income.

Trauma-informed therapists treat depression, anxiety, grief, trauma, relationship conflict and more.

The therapist is trained to help people make desired changes, including helping clients:

- Find new ways to look at problems
- Find new ways to behave
- Find new support systems
- Learn new information
- Find new sources of help

### Call our 24-Hour Confidential Sexual Violence Hotline

609-494-1090

24-hour crisis intervention is available by phone or in person at St. Francis Counseling Service, any Ocean County Hospital, any Local Police Department or the Ocean County Prosecutor's Office.

Specially trained advocates will meet survivors of sexual abuse and assault and their families at these sites to provide support, crisis intervention, information and referrals to help deal with the aftermath of sexual assault.

#### Counseling Service Support Groups

- Parenting After
- Surviving to Thriving
- Journey Through Grief